2027 Women's Health Master Class

2nd Thursday from 12:00 PM to 1:00 PM

Live Activity

Purpose:

This interprofessional Women's Health Master Class series brings physicians, nurses, advanced practice providers, and other members of the women's health care team together to learn with, from, and about one another in the management of perimenopause, menopause, and midlife women's health. Through evidence-based presentations, case discussions, and collaborative dialogue, participants will explore evolving clinical guidelines, lifestyle and behavioral interventions, pharmacologic and non-pharmacologic treatment options, preventive care strategies, and approaches to delivering comprehensive, patient-centered care. The series is designed to strengthen team-based practice and improve care coordination for women experiencing menopausal transitions.

Objectives:

1 Describe and apply evidence-based approaches to the diagnosis and management of menopause and perimenopause symptoms
2 Demonstrate improved communication and collaboration within multidisciplinary teams to provide holistic, patient-centered care for midlife women.
3 Identify and incorporate lifestyle, nutritional, psychological, and preventive care considerations into treatment plans to address the diverse needs of women experiencing menopausal transitions

Target Audience:

Physician, Nurse - RN, Nurse - Nurse Practitioner, Physician Assistant, Nurse -LPN/LVN

For successful completion:

- Attend education
- Actively engaged or participated in the activity and Q&A
- Complete evaluation

Accreditation & Credit Designation:

Accreditation

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)

IPCE CREDIT™

IPCE (Team-based): This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

Medicine CME: Avera designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

CME FOR ABS CC

Nurse CE: Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER Attendance can be texted up to 24 hours after the activity

Avera

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kate Boos, MD, Physician	Content Expert - Committee Member	Nothing to disclose
Kelly Boyd, MSN	Lead Planner	Nothing to disclose
Kimberlee McKay, MD	Content Expert - Committee Member	Nothing to disclose
Lindsey Meyers, Administrator	Committee Planning Member	Nothing to disclose
Susan Okoniewski-Philips, MD	Content Expert - Committee Member	Nothing to disclose
Juanita Ruiter	Committee Planning Member	Nothing to disclose
Catherine Schiltz, DO	Content Expert - Committee Member	Nothing to disclose
Annette Siewert, MD, FACOG	Content Expert - Committee Member	Stocks or stock options, excluding diversified mutual funds-Cega
Heidi Vogel, PA	Committee Planning Member	Nothing to disclose